



**Commission Inquiry on Health and Wellbeing Innovation
Inquiry 2 – The built environment including transport, planning and design**

Wednesday 30th May 2018

09:45 (for a 10:00 start) – 12:00

***Lecture Theatre, Royal Institution of Chartered Surveyors (RICS), 12 Great George Street,
Parliament Square, London SW1P 3AD***

Biographies

CHAIR

Philip Collins

Columnist and leader writer for The Times

Philip Collins is a columnist on The Times and Chief Executive of the consultancy Demos Projects. He was until 2007 the chief speech writer to the PM Tony Blair and has also been a think tank director, investment banker and university lecturer. He is the author of a book on great speeches - *When They Go Low, We Go High*, published by Harper Collins.

COMMISSIONERS

Dr Charles Alessi

Senior Advisory, Public Health England

Dr. Charles Alessi is a globally recognized and trusted leader in health care. He is Chief Clinical Officer HIMSS (the worlds largest not for profit organisation focused on better health through information and technology). He has a wealth of experience, particularly around health systems and the interface between healthcare, social care and the personalization of wellness. He is a physician in south-west London, with more than 25 years of experience in all aspects of clinical practice in the UK National Health Service. Most recently, he served as the Chairman of the National Association of Primary Care, part of the NHS confederation in the UK, where he was at the heart of the recent health and social care reforms.

He is also the Senior Advisor to Public Health England, leading the productive healthy ageing and dementia program, targeting the early diagnosis and care, for the organization as well as fulfilling key roles in management of air quality, antibiotic prescribing, and digital interventions, particularly those that involve behavioral change. He forms part of the World Health Organization (WHO) Expert Panel that is formulating new guidelines around risk reduction in dementia globally and also leads thought leadership around productive healthy aging. He has extensive experience in military medicine, being a past Medical Director and Director of Clinical Governance for the British forces in Germany and was recently appointed to serve on the Reference Committee tasked with renewing military medicine in the United Kingdom.

Charles holds a variety of international academic positions both in Europe and the Americas. He is an Adjunct Research professor in Clinical Neurosciences at the Schulich School of Medicine at the University of Western



Ontario, Canada and Visiting Scholar at the Odette School of business in Windsor, Ontario, Canada. He also is a visiting professor in psychology and language sciences at the University of London. He continues to advise major corporations and national governments around health and care reform, particularly where digital interventions are being considered.

As the International CCO, Charles will lead relationship-building efforts among HIMSS's various international clinician-focused communities. He will help deepen HIMSS position as a thought leader in the health industry, supporting both the vision and understanding of information and technology's roles in the advancement of health and care.

Charles was educated in an academic college in Malta through his school years. He moved to London - where he still resides today - to attend St. George's Hospital, University of London where he graduated as a physician in 1980.

Stephen Burke

Director, United for All Ages

Stephen Burke is director of the 'think and do' tank, United for All Ages, and the trip advisor style website, Good Care Guide. United for All Ages aims to create stronger communities and a stronger Britain by bringing older and younger people together. This includes promoting and developing shared sites, such as care-home nurseries, where older and younger people can share activities and experiences.

Previously Stephen was chief executive of two national care charities and the leader of a London borough, and has been on commissions examining health, ageing and family issues. Currently he is also chair and trustee of several housing, care, ageing and family charities and chair of finance/vice-chair of North Norfolk NHS Clinical Commissioning Group.

Christina Cornwell

Director of the Health Lab, Nesta

Christina is Director of the Health Lab, leading Nesta's work on nurturing and growing effective sources of support to improve people's health and wellbeing. Her current areas of focus include supporting promising ageing innovations to scale across the UK, as part of the Big Lottery funded Accelerating Ideas programme, promoting 'good help' - help which supports people to take action across our public services and social programmes, supporting early stage social movements, and continuing to make the case for more person and community centred approaches to health.

Christina has worked in and around health and social care for about nearly 20 years. Most recently she was Head of Strategy at the Care Quality Commission, and she has also worked in the Department of Health, and in health care services in the UK and Australia.



Malcolm Dean

Former Guardian Journalist

Malcolm Dean is a former Guardian journalist. He joined in 1969 and was a reporter, social affairs leader-writer and assistant editor. In 1979 he launched its Society section and edited it for most of its first 21 years. In 2006, he retired and took up a fellowship at Nuffield College, Oxford, where he is now an alumnae following a 10 year association with the college. He is author of *Democracy under Attack* (Policy Press).

He was a special adviser to the secretary of state for health and social security in the last year of the 1974-79 Labour government, has served on more than a dozen national social policy working parties, chaired a Joseph Rowntree Foundation commission on older people, and been a trustee of six charities. He was a founding trustee of the Young Foundation.

Tara Donnelly

Chief Executive, Health Innovation Network

Tara is an improvement enthusiast with an extensive background in leadership roles within the NHS. She has spent 16 years at board level including at University College London Hospitals NHS FT, as a non-executive director at Macmillan Cancer Support - as Chief Executive at the West Middlesex University Hospital and as Deputy Chief Executive and Director of Operations at the Whittington Hospital.

Dr Matthew Harris

Clinical Senior Lecturer in Public Health, Institute of Global Health Innovation

Matthew Harris (DPhil MBBS MSc FFPH) is a Clinical Senior Lecturer in Public Health, jointly appointed between the Department of Primary Care and Public Health, and the Institute of Global Health Innovation, Imperial College London, and he is an Honorary Consultant in Public Health Medicine in the Imperial College Healthcare NHS Trust. His research spans global health, innovation diffusion, and primary care and health services research with a particular focus on bidirectional learning between the NHS and low-income countries. This has included examining the impact of research source in evidence interpretation, measuring unconscious bias towards low-income countries, evaluating International Health Partnerships and conducting qualitative research around Reverse Innovation. In 2014 he was awarded a Harkness Fellowship from the US Commonwealth Fund where he was a Visiting Research Assistant Professor at New York University under the mentorship of Prof James Macinko (UCLA) and Dr Don Goldmann (Institute for Healthcare Improvement, Boston).

Matthew has published over ninety articles in journals such as the *New England Journal of Medicine*, *British Medical Journal*, *International Journal of Integrated Care*, *Globalization and Health*, *BMJ Quality and Safety*, *Qualitative Health Research*, *Administration and Society*, and *Public Administration and Development*. He is an Educational Supervisor for Public Health Specialist Registrars undertaking academic placements at Imperial College and he is a Co-Director of the Masters in Public Health at Imperial College London. He leads the Public Health module of the MSc Health Policy, and the Global Health Challenges module and Global Health Innovations module of the Masters in Public Health.



Matthew qualified in Medicine from UCL (1998), obtained his MSc (Public Health in Developing Countries) with Distinction from the LSHTM (2004), and his DPhil (Public Health) from Oxford University in 2009. He obtained his Certificate of Completion of Specialist Training in Public Health Medicine in March 2014. Prior to joining Imperial College London, Matthew worked for several years as a Primary Care physician in Brazil, as a WHO Polio Consultant in Ethiopia and as an HIV Technical Consultant in Mozambique. As a Specialist Registrar in Public Health, he also spent two years as a Global Health Advisor to the UK Department of Health. Matthew has been an advisor to the Pan-American Health Organization on issues related to health policy in Brazil; an Expert Witness at the All-Party Parliamentary Group on Global Health, an invited speaker at a number of international conferences and a guest lecturer at the London School of Hygiene and Tropical Medicine and at Kings College London. He was recently appointed an Honorary Advisor to the Tropical Health Education Trust for his work on bidirectional learning with low-income country health systems.

Dr Mahiben Maruthappu

Co-Founder, NHS Accelerator Programme

Ben is a London-based doctor and Co-founder of Cera, a multi-award winning technology company transforming social care. He advised the CEO of NHS England on £100 billion of health spending, co-founding the NHS Innovation Accelerator (NIA) which benefitted 3 million people in its first six months.

He has a strong interest in research with over 100 peer-reviewed publications and 50 academic awards. Ben has advised a range of organisations, from startups to multilaterals, including the Swiss government, the Experiment Fund and the WHO. He is Chairman of the UK Medical Students' Association (UKMSA), and has authored three medical books.

Ben was educated at Oxford, Cambridge and Harvard universities. He was listed in WIRED's top 10 Innovators in Healthcare, ranked amongst the 100 most influential leaders in health technology globally, and was recently named Disruptive Leader of the Year.

Nick Sanderson

CEO, Audley Group Ltd

Nick Sanderson is CEO of Audley Group the UK's largest developer and operator of luxury retirement villages.

In the 1980's with Dr Andrew MacDonald he founded, operated and then sold Beaumont Healthcare, one of the first corporate providers of private pay nursing care homes. In 1986, that company created close care housing which offered independent living to older people in their own homes adjacent to a Beaumont care home.

After 5 years of public/private partnerships, in the early nineties he created Audley to develop a portfolio of private retirement villages. Retirement villages offer independent living to older people in purchased homes with flexible care and support to allow them to stay in place throughout their life. The first two award winning schemes in Tunbridge Wells and Harrogate were completed by 2004. In 2008 he formed a partnership with Moorfield Group.



Audley Group now has nineteen schemes in its programme with nearly 1300 units to generate revenue of £650m. The company has over 2000 customers and over 500 staff. In the Spring of 2016, Audley launched Mayfield Villages to provide the Audley offer at a more affordable price, the first site has been acquired in Watford.

Nick is Chairman of the Association of Retirement Community Operators and a member of the Standards Committee.

He is a regular speaker at national and international conferences and a contributor to several publications. He has acted as an advisor to both the public and private sector.

Catherine Seymour

Policy and Research Manager, Independent Age

Catherine joined Independent Age as Policy and Research Manager in 2017, following a career in the NHS and as a management consultant for PA Consulting. Catherine has worked on major healthcare programmes in the UK and overseas, leading work to improve efficiency and productivity, specialising in system reconfiguration including London-wide reconfigurations of specialised healthcare services and place-based care. At Independent Age, Catherine's focus is to bring about policy change in health and social care to improve the lives of older people. Her current work includes social care funding options, older people's access to care services, and the prevalence of ageism and other forms of discrimination faced by older people

Pamela Spence

Global Life Sciences Industry Leader, EY

Pamela leads EY's Life Sciences Industry practise – a practise of 15,000 colleagues focused in helping our clients and their teams deliver their business strategy. Particular areas of personal focus are shaping the global debate on how to turn the global aging population into a society asset, outcome based healthcare performance and the effective use of Artificial intelligence and digital technologies to better business. Pamela also leads EY's relationship globally with GlaxoSmithKline and is ultimately responsible to the Board for all EY Worldwide Services.

Helen Sunderland

Director, Local Public Services, EY

Helen is the National Lead for Social Care in EY, working with local authorities, national bodies, CCGs and providers to radically transform and redesign care services. Helen has extensive experience of Social Care Transformation and, Health and Social Care Integration. Over the last 12 years she has led assignments with a specific focus on efficiency, commissioning, personalisation and service redesign and deploying new technologies to solve social challenges.



EXPERT WITNESSES

Teresa Atkinson

Senior Research Fellow, Association for Dementia Studies, University of Worcester

Teresa Atkinson is a Senior Research Fellow with the Association for Dementia Studies at the University of Worcester. She has a long career in social research primarily using qualitative methodologies. She began her career working with NHS Mental Health Trusts evaluating training and psychosocial interventions for family carers of people living with dementia. Following this post Teresa moved to the third sector as Research Officer for a charity providing education, care and psychological therapies for young people living with profound intellectual disability. As part of this post Teresa travelled extensively internationally to share research findings, build research capability amongst frontline practitioners and develop skills within the workforce.

Teresa is passionate about understanding the lived experiences of people affected by cognitive impairment across the life span particularly supporting the participation of seldom heard groups. Having evaluated innovative design of living and learning spaces for young people with autism, Teresa has used this experience to explore design for people living with dementia. Teresa's wider research interests include intergenerational aspects of ageing well, housing options for people with dementia, concepts of independence in older age and exploring the needs of neurodiverse populations.

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Professor Rose Gilroy

Professor of Ageing, Policy and Planning, Newcastle University School of Architecture, Planning and Landscape

Rose Gilroy is Professor of Ageing Planning and Policy in the School of Architecture, Planning and Landscape, Newcastle University, UK. From a practice background in social housing she has a long-standing interest in the transactional relationship between people and their environments leading to extensive research and publications on age friendly places and particularly the critical importance of housing. Rose describes herself as a researcher committed to change. She has worked with Churchill Retirement Living to explore the role of retirement housing and has a KTP with Hanover Housing Association. She is currently writing a text on planning in a time of demographic change for planning practitioners.

In Newcastle, Rose works with the Elders Council and the local authority to support the development of Newcastle as an age friendly city. She is currently leading the Future Homes Alliance Community Interest Company drawn from a quadruple helix partnership that aims to create a step change in the housing offer by developing dwellings that respond to ageing and urban sustainability while embracing the possibilities of digital innovation and support.



Sheila Mackintosh

Research Fellow, Centre for Public Health and Wellbeing, Department of Health and Social Sciences, University of the West of England

Sheila specialises in issues to do with housing, disability and later life, with a focus on how disabled people of all ages can be helped to live independently in their own homes in the community. She has carried out research and evaluation projects for a range of organisations including: central government, local authorities, housing associations, and the independent and voluntary sectors. She has also been involved in change management projects including: the reorganisation of adaptation services for several local authorities; and the setting up of housing agreements between local authorities and housing associations.

Recent research work has included: case studies of good practice in delivering home adaptations for the Home Adaptations Consortium; a report on the development of the Disabled Facilities Grant for Foundations; an evidence review of the role of home adaptations in improving later life for the Centre for Ageing Better; a survey of the housing experiences of disabled people for the Equalities and Human Rights Commission; and evaluating a falls prevention project for West of England Care & Repair. She is currently leading a review of the Disabled Facilities Grant for the Department of Health and Social Care.

Dr Charles Musselwhite

Associate Professor of Gerontology, Centre for Innovative Ageing, Swansea University

Charles is Associate Professor in Gerontology at the Centre for Innovative Ageing (CIA) and heads up the group's Environments and Ageing research strand. He is Operational Director of the £3m Centre for Ageing and Dementia Research (CADR), an initiative to develop and enhance research, policy and practice for older people across Wales. He completed his PhD at the Transportation Research Group, University of Southampton in 2004 and has worked at Bournemouth University (2003-2006), then University West of England in the pioneering Centre for Transport & Society (2006-2013). His research has involved several invited International and national presentations at conferences and invited presentations to the House of Commons and House of Lords. He makes frequent appearances on radio and television across the world and is keen to engage his research with the public and has spoken at two British Science Festivals. He has published over 29 journal articles, 4 books, 15 book chapters, and another 40+ publications and has been involved in research projects totalling over £7m addressing technological, environmental, health and sustainability contexts of transportation and built environment studies spanning four interconnected areas:

- [Road user safety and ageing](#)
- [Older people, travel behaviour change and health and wellbeing](#)
- [Giving up driving in later life](#)
- [Attitudes to transport and travel](#)



Charles has advised the European Union on older people's transport issues and is an executive committee member of the British Society of Gerontology (BSG), where he is editor of their journal *Generations Review*. Charles is an Associate Editor for *Journal of Transport & Health* and on the editorial board of *Ageing & Society*.

Julia Thrift

Projects & Operations Director, TCPA

Julia Thrift joined the TCPA in May 2013 and runs projects concerning, health, green infrastructure, and social justice. She is currently one of the TCPA team leading on the production of a guide to creating healthy places, commissioned by NHS England as part of its Healthy New Towns programme. Recently she was a member of the Rural HAPPI Inquiry (Rural Housing for an Ageing Population: Policy Initiatives) run by the APPG on Housing and Care for Older People. Throughout her career she has been interested in the links between the design of the built environment and the quality of people's lives. She worked for CABE, the Commission for Architecture and the Built Environment, where she was the founding director of CABE Space, the government's adviser on policy and practice regarding England's urban parks and public spaces. She began her career as a journalist, writing about design, architecture and art. She has a degree in philosophy from University College London.